What to Bring List

Please read this list carefully & pack accordingly so that you may come prepared for a day of Adventure!





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Illustration from the award winning children's book, "Anna Goes Hiking" (Bur Bur and FriendsTM



- ✓ <u>Sunscreen.</u> We will be out in the sun all day & we want to protect your skin.
- ✓ <u>Hat &/or Sunglasses.</u> Just a little extra added protection from the sun.
- ✓ <u>Closed-Toed Shoes</u>. A pair that will work for all types of terrain, weather, & movement.
- ✓ Comfortable Shirt & Shorts/Pants.
- ✓ <u>Rain Jacket/Fleece</u>. Weather is always changing; please come prepared.
- ✓ <u>Water Bottle</u>. The temperature can get incredibly high & the humidity thick, we want you to stay hydrated.
- ✓ <u>Backpack</u> to carry personal items, rain gear and extra layers if needed.
- ✓ <u>Bug Spray.</u> Mosquitos love to bite.

<u>Please note</u> that it is the participant's responsibility to keep up with personal gear. The Adventure Guild will not be held responsible for lost or stolen items.